YOUR GLBT GUIDE TO Key West

Volume 10 Issue 3 March 2015

Q MAGAZINE

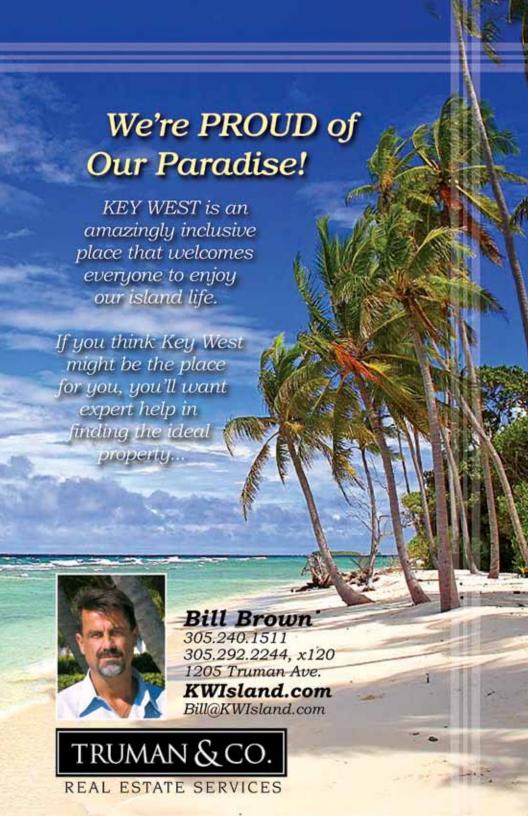
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MAN ABOUT TOWN



BEACH READS







Contributors:

Neil Chamberlain Zachary Moses Brad Loekle Nana

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What is STRIBILD?

STRIBILD is a prescription medicine used to treat HIV-1 in adults who have never taken HIV-1 medicines before. It combines 4 medicines into 1 pill to be taken once a day with food. STRIBILD is a complete single-tablet regimen and should not be used with other HIV-1 medicines.

STRIBILD does not cure HIV-1 infection or AIDS. To control HIV-1 infection and decrease HIV-related illnesses you must keep taking STRIBILD. Ask your healthcare provider if you have questions about how to reduce the risk of passing HIV-1 to others. Always practice safer sex and use condoms to lower the chance of sexual contact with body fluids. Never reuse or share needles or other items that have body fluids on them.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about STRIBILD?

STRIBILD can cause serious side effects:

- Build-up of an acid in your blood (lactic acidosis), which is a serious medical emergency. Symptoms of lactic acidosis include feeling very weak or tired, unusual (not normal) muscle pain, trouble breathing, stomach pain with nausea or vomiting, feeling cold especially in your arms and legs, feeling dizzy or lightheaded, and/or a fast or irregular heartbeat.
- Serious liver problems. The liver may become large (hepatomegaly) and fatty (steatosis). Symptoms of liver problems include your skin or the white part of your eyes turns yellow (jaundice), dark "tea-colored" urine, light-colored bowel movements (stools), loss of appetite for several days or longer, nausea, and/or stomach pain.
- You may be more likely to get lactic acidosis or serious liver problems if you are female, very overweight (obese), or have been taking STRIBILD for a long time. In some cases, these serious conditions have led to death. Call your healthcare provider right away if you have any symptoms of these conditions.

 Worsening of hepatitis B (HBV) infection. If you also have HBV and stop taking STRIBILD, your hepatitis may suddenly get worse. Do not stop taking STRIBILD without first talking to your healthcare provider, as they will need to monitor your health. STRIBILD is not approved for the treatment of HBV.

Who should not take STRIBILD?

Do not take STRIBILD if you:

- Take a medicine that contains: alfuzosin, dihydroergotamine, ergotamine, methylergonovine, cisapride, lovastatin, simvastatin, pimozide, sildenafil when used for lung problems (Revatio*), triazolam, oral midazolam, rifampin or the herb St. John's wort.
- For a list of brand names for these medicines, please see the Brief Summary on the following pages.
- Take any other medicines to treat HIV-1 infection, or the medicine adefovir (Hepsera*).

What are the other possible side effects of STRIBILD?

Serious side effects of STRIBILD may also include:

- New or worse kidney problems, including kidney failure. Your healthcare provider should do regular blood and urine tests to check your kidneys before and during treatment with STRIBILD. If you develop kidney problems, your healthcare provider may tell you to stop taking STRIBILD.
- Bone problems, including bone pain or bones getting soft or thin, which may lead to fractures. Your healthcare provider may do tests to check your bones.
- Changes in body fat can happen in people taking HIV-1 medicines.
- Changes in your immune system.
 Your immune system may get stronger and begin to fight infections. Tell your healthcare provider if you have any new symptoms after you start taking STRIBILD.

The most common side effects of STRIBILD include nausea and diarrhea. Tell your healthcare provider if you have any side effects that bother you or don't go away. What should I tell my healthcare provider before taking STRIBILD?

- All your health problems. Be sure to tell your healthcare provider if you have or had any kidney, bone, or liver problems, including hepatitis virus infection.
- All the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements. STRIBILD may affect the way other medicines work, and other medicines may affect how STRIBILD works. Keep a list of all your medicines and show it to your healthcare provider and pharmacist. Do not start any new medicines while taking STRIBILD without first talking with your healthcare provider.
- If you take hormone-based birth control (pills, patches, rings, shots, etc).
- If you take antacids. Take antacids at least 2 hours before or after you take STRIBILD.
- If you are pregnant or plan to become pregnant. It is not known if STRIBILD can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking STRIBILD.
- If you are breastfeeding (nursing) or plan to breastfeed. Do not breastfeed. HIV-1 can be passed to the baby in breast milk. Also, some medicines in STRIBILD can pass into breast milk, and it is not known if this can harm the baby.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see Brief Summary of full Prescribing Information with important warnings on the following pages.



Patient Information

STRIBILD® (STRY-bild) (elvitegravir 150 mg/cobicistat 150 mg/ emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets

Brief summary of full Prescribing Information. For more information, please see the full Prescribing Information, including Patient Information.

What is STRIBILD?

- STRIBILD is a prescription medicine used to treat HIV-1 in adults who have never taken HIV-1 medicines before. STRIBILD is a complete regimen and should not be used with other HIV-1 medicines.
- STRIBILD does not cure HIV-1 or AIDS. You must stay on continuous HIV-1 therapy to control HIV-1 infection and decrease HIV-related illnesses.
- Ask your healthcare provider about how to prevent passing HIV-1 to others. Do not share or reuse needles, injection equipment, or personal items that can have blood or body fluids on them. Do not have sex without protection. Always practice safer sex by using a latex or polyurethane condom to lower the chance of sexual contact with semen, vaginal secretions, or blood.

What is the most important information I should know about STRIBILD?

- STRIBILD can cause serious side effects, including:

 1. Build-up of lactic acid in your blood (lactic acidosis). Lactic acidosis can happen in some people who take STRIBILD or similar (nucleoside analogs) medicines. Lactic acidosis is a serious medical emergency that can lead to death. Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. Call your healthcare provider right away if you get any of the following symptoms which could be signs of lactic acidosis:
 - · feel very weak or tired
 - · have unusual (not normal) muscle pain
 - have trouble breathing
 - have stomach pain with nausea or vomiting
 - · feel cold, especially in your arms and legs
 - · feel dizzy or lightheaded
 - · have a fast or irregular heartbeat
- 2. Severe liver problems. Severe liver problems can happen in people who take STRIBILD. In some cases, these liver problems can lead to death. Your liver may become large (hepatomegaly) and you may develop fat in your liver (steatosis). Call your healthcare provider right away if you get any of the following symptoms of liver problems:

- your skin or the white part of your eyes turns yellow (jaundice)
- dark "tea-colored" urine
- light-colored bowel movements (stools)
- loss of appetite for several days or longer
- nausea
- stomach pain

You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking STRIBILD for a long time.

- 3. Worsening of Hepatitis B infection. If you have hepatitis B virus (HBV) infection and take STRIBILD, your HBV may get worse (flare-up) if you stop taking STRIBILD. A "flare-up" is when your HBV infection suddenly returns in a worse way than before.
 - Do not run out of STRIBILD. Refill your prescription or talk to your healthcare provider before your STRIBILD is all gone
 - Do not stop taking STRIBILD without first talking to your healthcare provider
 - If you stop taking STRIBILD, your healthcare provider will need to check your health often and do blood tests regularly for several months to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking STRIBILD

Who should not take STRIBILD?

Do not take STRIBILD if you also take a medicine that contains:

- adefovir (Hepsera®)
- alfuzosin hydrochloride (Uroxatral®)
- cisapride (Propulsid®, Propulsid Quicksolv®)
- ergot-containing medicines, including: dihydroergotamine mesylate (D.H.E. 45°, Migranal°), ergotamine tartrate (Cafergot°, Migergot°, Ergostat°, Medihaler Ergotamine°, Wigraine°, Wigrettes°), and methylergonovine maleate (Ergotrate°, Methergine°)
- lovastatin (Advicor®, Altoprev®, Mevacor®)
- oral midazolam
- pimozide (Orap®)
- rifampin (Rifadin®, Rifamate®, Rifater®, Rimactane®)
- sildenafil (Revatio®), when used for treating lung problems
- simvastatin (Simcor®, Vytorin®, Zocor®)
- triazolam (Halcion[®])
- the herb St. John's wort

Do not take STRIBILD if you also take any other HIV-1 medicines, including:

- Other medicines that contain tenofovir (Atripla®, Complera®, Viread®, Truvada®)
- Other medicines that contain emtricitabine, lamivudine, or ritonavir (Atripla®, Combivir®, Complera®, Emtriva®, Epivir® or Epivir-HBV®, Epzicom®, Kaletra®, Norvir®, Trizivir®, Truvada®)

STRIBILD is not for use in people who are less than 18 years old.

What are the possible side effects of STRIBILD?

STRIBILD may cause the following serious side effects:

- See "What is the most important information I should know about STRIBILD?"
- New or worse kidney problems, including kidney failure. Your healthcare provider should do blood and urine tests to check your kidneys before you start and while you are taking STRIBILD. Your healthcare provider may tell you to stop taking STRIBILD if you develop new or worse kidney problems.
- Bone problems can happen in some people who take STRIBILD. Bone problems include bone pain, softening or thinning (which may lead to fractures).
 Your healthcare provider may need to do tests to check your bones.
- Changes in body fat can happen in people who
 take HIV-1 medicine. These changes may include
 increased amount of fat in the upper back and neck
 ("buffalo hump"), breast, and around the middle of
 your body (trunk). Loss of fat from the legs, arms
 and face may also happen. The exact cause and
 long-term health effects of these conditions are
 not known.
- Changes in your immune system (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider right away if you start having any new symptoms after starting your HIV-1 medicine.

The most common side effects of STRIBILD include:

- Nausea
- Diarrhea.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

- These are not all the possible side effects of STRIBILD.
 For more information, ask your healthcare provider.
- Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What should I tell my healthcare provider before taking STRIBILD?

Tell your healthcare provider about all your medical conditions, including:

- If you have or had any kidney, bone, or liver problems, including hepatitis B infection
- If you are pregnant or plan to become pregnant.
 It is not known if STRIBILD can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking STRIBILD.
 - There is a pregnancy registry for women who take antiviral medicines during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk with your healthcare provider about how you can take part in this registry.
- If you are breastfeeding (nursing) or plan to breastfeed. Do not breastfeed if you take STRIBILD.
 - You should not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
 - Two of the medicines in STRIBILD can pass to your baby in your breast milk. It is not known if the other medicines in STRIBILD can pass into your breast milk.
 - Talk with your healthcare provider about the best way to feed your baby.

Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements:

- STRIBILD may affect the way other medicines work, and other medicines may affect how STRIBILD works.
- Be sure to tell your healthcare provider if you take any of the following medicines:
 - Hormone-based birth control (pills, patches, rings, shots, etc)
 - Antacid medicines that contain aluminum, magnesium hydroxide, or calcium carbonate.
 Take antacids at least 2 hours before or after you take STRIBILD
 - Medicines to treat depression, organ transplant rejection, or high blood pressure
 - amiodarone (Cordarone®, Pacerone®)
 - atorvastatin (Lipitor®, Caduet®)
 - bepridil hydrochloride (Vascor®, Bepadin®)
 - bosentan (Tracleer®)
 - buspirone
 - carbamazepine (Carbatrol®, Epitol®, Equetro®, Tegretol®)
 - clarithromycin (Biaxin®, Prevpac®)

- clonazepam (Klonopin®)
- clorazepate (Gen-xene®, Tranxene®)
- colchicine (Colcrys®)
- medicines that contain dexamethasone
- diazepam (Valium®)
- digoxin (Lanoxin®)
- disopyramide (Norpace®)
- estazolam
- ethosuximide (Zarontin®)
- flecainide (Tambocor®)
- flurazepam
- fluticasone (Flovent®, Flonase®, Flovent® Diskus®, Flovent® HFA, Veramyst®)
- itraconazole (Sporanox®)
- ketoconazole (Nizoral®)
- lidocaine (Xylocaine®)
- mexiletine
- oxcarbazepine (Trileptal[®])
- perphenazine
- phenobarbital (Luminal®)
- phenytoin (Dilantin®, Phenytek®)
- propafenone (Rythmol[®])
- guinidine (Neudexta[®])
- rifabutin (Mycobutin®)
- rifapentine (Priftin®)
- risperidone (Risperdal®, Risperdal Consta®)
- salmeterol (Serevent®) or salmeterol when taken in combination with fluticasone (Advair Diskus®, Advair HFA®)
- sildenafil (Viagra®), tadalafil (Cialis®) or vardenafil (Levitra®, Staxyn®), for the treatment of erectile dysfunction (ED). If you get dizzy or faint (low blood pressure), have vision changes or have an erection that last longer than 4 hours, call your healthcare provider or get medical help right away.
- tadalafil (Adcirca®), for the treatment of pulmonary arterial hypertension
- telithromycin (Ketek®)
- thioridazine
- voriconazole (Vfend®)
- warfarin (Coumadin®, Jantoven®)
- zolpidem (Ambien®, Edlular®, Intermezzo®, Zolpimist®)

Know the medicines you take. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine. Do not start any new medicines while you are taking STRIBILD without first talking with your healthcare provider.

Keep STRIBILD and all medicines out of reach of children.

This Brief Summary summarizes the most important information about STRIBILD. If you would like more information, talk with your healthcare provider. You can also ask your healthcare provider or pharmacist for information about STRIBILD that is written for health professionals, or call 1-800-445-3235 or go to www.STRIBILD.com.

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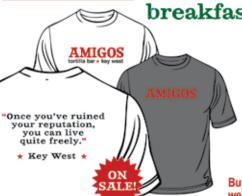
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BROKEN CHINA

by: Brad Lockle



I've been performing for Atlantis Events for 5 years now. Without a doubt the most fun gigs I'll ever have and the most fun I've ever had period, are when I get on those big gay cruise ships and see the world. And though Atlantis has consistently blessed me with amazing audiences and wonderful new friends; I haven't been that sexually successful over all. Well after last month's Caribbean cruise it would seem that trend is over. I don't know if someone put ecstasy in the water but whatever was in the water or the air was really working to my favor. There's a special name we have in the comedy world for groupies of comics. It is also worth noting that this sort of groupie is significantly more rare than those of let's say rock stars or Brad Pitt. It takes a unique sort of person to what to plow a clown, to say the least. And so, they have been titled: Chuckle Fuckers. Yep, that's really "a thing". Well let me just say that this ship had more than it's fair share of chuckle fuckers. I don't know if everyone was just on a sort of "sexual walkabout" or going through their fuck-it bucket list, but I am certainly the sorer for it. I should have known it would be a wilder week than normal when I forgot to lock the door on the bathroom stall while I was giving a new friend a hummer and suddenly two guys walked in to, most likely, do the same thing. Except they both recognized me and, without batting an eyelash, started talking to me about my show and then... wait for it... asked to take a picture with me. I asked them if I could finish the BJ first, which they kindly agreed to.

But the one who really took my breath away was Dr. H. Dr. H was a 6'3" tall Kansas City work of art. Imagine

if you had a doctor who moonlighted as a porn star and power top... and he made house calls. That is what walked up to me poolside and announced to me that we would be taking a private trip to "Pound Town" sometime before the end of the cruise. And boy did we! This man could have been a sexual healer in ancient times. At one point he was banging me like a screen door in a hurricane, while saying every right dirty word you'd ever want to hear, while GIVING ME A MASSAGE?! At one point, and I'm not ashamed of this, I asked him if I could send his mother flowers to thank her for giving birth to him. What can I say, I'm a gentleman?

I'm sure it's no surprise to anyone who's met me or seen my work that I'm not exactly quiet in bed. But my volume in bed is directly proportionate to how good the top is. Well, needless to say when I got the call from my friend and fellow entertainer, Jackie Beat, from her cabin which was right beside mine; Jackie only had one question: "Is that doctor fucking you or are you slaughtering a pod of orcas?!?"

I can definitely say that Dr. H was one of my all time favorite conquests. And luckily for me, but not so much for my now tire swing of an anus; he goes on a lot of Atlantis cruises! But I can tell you now that should be so lucky to have Dr. H punch your kitty, just know that for at least 3 days after it's going to feel like you're shitting broken china. But that, my dears, is a price I'm happy to pay.

Brad Loekle is a comedian currently living in LA. He can be seen every week on TruTV's "World's Dumbest", has written for Joan Rivers on E! "Fashion Police" & tours extensively on Atlantis Events & RSVP gay cruises.

For more on Brad, go to: www.bradloekle.com



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The InQuisitor

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Until our phone gets turned off for non payment, we'll be here to listen to the latest dish. We'd never use real names but I'll bet if you ask around, you'll find out who's doing who! If you have some hot gossip, email us at tea@qkeywest.com. We'll keep your name a secret because we know how to keep secrets!

This post month was so full of dirt that I ran out of minutes on my Obama phone. Donations to me will be gladly accepted to get more minutes before my monthly allotment kicks in next month.

Well this island is all abuzz like the old "telephone game" we played when I was a young boy (before I became a beautiful woman).

Just like that game, every time the story gets told, it gets even more juicy (or more disturbing depending on who's spreading the gossip).

Leave the gossip to me girls and I promise, you'll get the tea!

We have some great people on this island willing to help their friends out at any costs. It's too bad there are people willing to take advantage of these people and live rent free for months and months and never offer to pay their agreed upon rent. I have one word, eviction!

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COMPLERA does not cure HIV-1 infection or AIDS.

To control HIV-1 infection and decrease HIV-related illnesses you must keep taking COMPLERA. Ask your healthcare provider if you have questions about how to reduce the risk of passing HIV-1 to others. Always practice safer sex and use condoms to lower the chance of sexual contact with body fluids. Never reuse or share needles or other items that have body fluids on them.

It is not known if COMPLERA is safe and effective in children under 18 years old.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about COMPLERA?

COMPLERA can cause serious side effects:

- Build-up of an acid in your blood (lactic acidosis), which is a serious medical emergency. Symptoms of (actic acidosis include feeling very weak or tired, unusual (not normal) muscle pain, trouble breathing, stomach pain with nausea or vomiting, feeling cold especially in your arms and legs, feeling dizzy or lightheaded, and/or a fast or irregular heartbeat.
- Serious liver problems. The liver may become large (hepatomegaly) and fatty (steatosis). Symptoms of liver problems include your skin or the white part of your eyes turns yellow (jaundice), dark "tea-colored" urine, lightcolored bowel movements (stools), loss of appetite for several days or longer, nausea, and/or stomach pain.
- You may be more likely to get lactic acidosis or serious liver problems if you are female, very overweight (obese), or have been taking COMPLERA for a long time. In some cases, these serious conditions have led to death. Call your healthcare provider right away if you have any symptoms of these conditions.
- Worsening of hepatitis B (HBV) infection. If you also have HBV and stop taking COMPLERA, your hepatitis may suddenly get worse. Do not stop taking COMPLERA without first talking to your healthcare provider, as they will need to monitor your health. COMPLERA is not approved for the treatment of HBV.

Who should not take COMPLERA?

Do not take COMPLERA if you:

- Take a medicine that contains: adefovir (Hepsera), lamivudine (Epivir-HBV), carbamazepine (Carbatrol, Equetro, Tegretol, Tegretol-XR, Teril, Epitol), oxcarbazepine (Trileptal), phenobarbital (Luminal), phenytoin (Dilantin, Dilantin-125, Phenytek), rifampin (Rifater, Rifamate, Rimactane, Rifadin), rifapentine (Prittin), dexlansoprazole (Dexiant), esomeprazole (Nexium, Vimovo), lansoprazole (Prevacid), omeprazole (Prilosec, Zegerid), pantoprazole sodium (Protonio), rabeprazole (Aciphex), more than 1 dose of the steroid medicine dexamethasone or dexamethasone sodium phosphate, or the herbal supplement St. John's wort.
- Take any other medicines to treat HIV-1 infection, unless recommended by your healthcare provider.

What are the other possible side effects of COMPLERA? Serious side effects of COMPLERA may also include:

- New or worse kidney problems, including kidney failure.
 Your healthcare provider should do blood tests to check your kidneys before starting treatment with COMPLERA. If you have had kidney problems, or take other medicines that may cause kidney problems, your healthcare provider may also check your kidneys during treatment with COMPLERA.
- Depression or mood changes. Tell your healthcare provider right away if you have any of the following symptoms: feeling sad or hopeless, feeling anxious or restless, have thoughts of hurting yourself (suicide) or have tried to hurt yourself.

- Changes in liver enzymes: People who have had hepatitis B
 or C, or who have had changes in their liver function tests in
 the past may have an increased risk for liver problems while
 taking COMPLERA. Some people without prior liver disease
 may also be at risk. Your healthcare provider may do tests
 to check your liver enzymes before and during treatment
 with COMPLERA.
- Bone problems, including bone pain or bones getting soft or thin, which may lead to fractures. Your healthcare provider may do tests to check your bones.
- Changes in body fat can happen in people taking HIV-1 medicines.
- Changes in your immune system. Your immune system may get stronger and begin to fight infections. Tell your healthcare provider if you have any new symptoms after you start taking COMPLERA.

The most common side effects of COMPLERA include trouble sleeping (insomnia), abnormal dreams, headache, dizziness, diarrhea, nausea, rash, tiredness, and depression. Other common side effects include vomiting, stomach pain or disconfort, skin discoloration (small spots or freckles), and pain. Tell your healthcare provider if you have any side effects that bother you or do not go away.

What should I tell my healthcare provider before taking COMPLERA?

- All your health problems. Be sure to tell your healthcare provider if you have or had any kidney, mental health, bone, or liver problems, including hepatitis virus infection.
- All the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements.
 COMPLERA may affect the way other medicines work, and other medicines may affect how COMPLERA works. Keep a list of all your medicines and show it to your healthcare provider and pharmacist. Do not start any new medicines while taking COMPLERA without first talking with your healthcare provider.
- If you take rifabutin (Mycobutin), Talk to your healthcare provider about the right amount of rilpivirine (Edurant) you should take.
- If you take antacids. Take antacids at least 2 hours before or at least 4 hours after you take COMPLERA.
- If you take stomach acid blockers. Take acid blockers at least 12 hours before or at least 4 hours after you take COMPLERA. Ask your healthcare provider if your acid blocker is okay to take, as some acid blockers should never be taken with COMPLERA.
- If you are pregnant or plan to become pregnant. It is not known
 if COMPLERA can harm your unborn baby. Tell your healthcare
 provider if you become pregnant while taking COMPLERA.
- If you are breastfeeding (nursing) or plan to breastfeed.
 Do not breastfeed. HIV-1 can be passed to the baby in breast milk. Also, some medicines in COMPLERA can pass into breast milk, and it is not known if this can harm the baby.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see Brief Summary of full Prescribing Information with important warnings on the following pages.





Brief Summary of full Prescribing Information COMPLERA® (kom-PLEH-rah)

(emtricitabine 200 mg, rilpivirine 25 mg, tenofovir disoproxil fumarate 300 mg) tablets

Brief summary of full Prescribing Information. For more information, please see the full Prescribing Information, including Patient Information.

What is COMPLERA?

- COMPLERA is a prescription medicine used as a complete HIV-1 treatment in one pill a day. COMPLERA is for adults who have never taken HIV-1 medicines before and who have no more than 100,000 copies/mL of virus in their blood (this is called 'viral load').
 Complera can also replace current HIV-1 medicines for some adults who have an undetectable viral load (less than 50 copies/mL) and whose healthcare provider determines that they meet certain other requirements.
- COMPLERA is a complete regimen and should not be used with other HIV-1 medicines. HIV-1 is the virus that causes AIDS. When used properly, COMPLERA may reduce the amount of HIV-1 virus in your blood and increase the amount of CD4 T-cells, which may help improve your immune system. This may reduce your risk of death or getting infections that can happen when your immune system is weak.
- COMPLERA does not cure HIV-1 or AIDS. You must stay on continuous HIV-1 therapy to control HIV-1 infection and decrease HIV-related illnesses.
- Ask your healthcare provider about how to prevent passing HIV-1 to others. Do not share or reuse needles, injection equipment, or personal items that can have blood or body fluids on them. Do not have sex without protection. Always practice safer sex by using a latex or polyurethane condom to lower the chance of sexual contact with semen, vaginal secretions, or blood.

What is the most important information I should know about COMPLERA?

COMPLERA can cause serious side effects, including:

 Build-up of an acid in your blood (lactic acidosis).
 Lactic acidosis can happen in some people who take COMPLERA or similar (nucleoside analogs) medicines.
 Lactic acidosis is a serious medical emergency that can lead to death. Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. Call your healthcare provider right away if you get any of the following symptoms which could be signs of lactic acidosis:

- feel very weak or tired
- have unusual (not normal) muscle pain
- have trouble breathing
- having stomach pain with nausea or vomiting
- feel cold, especially in your arms and legs
- feel dizzy or lightheaded
- have a fast or irregular heartbeat
- Severe liver problems. Severe liver problems can happen in people who take COMPLERA. In some cases, these liver problems can lead to death. Your liver may become large (hepatomegaly) and you may develop fat in your liver (steatosis). Call your healthcare provider right away if you get any of the following symptoms of liver problems:
 - your skin or the white part of your eyes turns yellow (jaundice)
 - dark "tea-colored" urine
 - light-colored bowel movements (stools)
 - loss of appetite for several days or longer
 - nausea
 - stomach pain
- You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking COMPLERA for a long time.
- Worsening of Hepatitis B infection. If you have hepatitis B virus (HBV) infection and take COMPLERA, your HBV may get worse (flare-up) if you stop taking COMPLERA. A "flare-up" is when your HBV infection suddenly returns in a worse way than before. COMPLERA is not approved for the treatment of HBV, so you must discuss your HBV with your healthcare provider.
 - Do not run out of COMPLERA. Refill your prescription or talk to your healthcare provider before your COMPLERA is all gone.
 - Do not stop taking COMPLERA without first talking to your healthcare provider.
 - If you stop taking COMPLERA, your healthcare provider will need to check your health often and do blood tests regularly to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking COMPLERA.

Who should not take COMPLERA?

Do not take COMPLERA if you also take any of the following medicines:

Medicines used for seizures: carbamazepine

(Carbatrol, Equetro, Tegretol, Tegretol-XR, Teril, Epitol); oxcarbazepine (Trileptal); phenobarbital (Luminal); phenytoin (Dilantin, Dilantin-125, Phenytek)

- Medicines used for tuberculosis: rifampin (Rifater, Rifamate, Rimactane, Rifadin); rifapentine (Priftin)
- Certain medicines used to block stomach acid called proton pump inhibitors (PPIs): dexlansoprazole (Dexilant); esomeprazole (Nexium, Vimovo); lansoprazole (Prevacid); omeprazole (Prilosec, Zegerid); pantoprazole sodium (Protonix); rabeprazole (Aciphex)
- Certain steroid medicines: More than 1 dose of dexamethasone or dexamethasone sodium phosphate
- · Certain herbal supplements: St. John's wort
- Certain hepatitis medicines: adefovir (Hepsera), lamivudine (Epivir-HBV)

Do not take COMPLERA if you also take any other HIV-1 medicines, including:

- Other medicines that contain tenofovir (ATRIPLA, STRIBILD, TRUVADA, VIREAD)
- Other medicines that contain emtricitabine or lamivudine (ATRIPLA, Combivir, EMTRIVA, Epivir, Epzicom, STRIBILD, Trizivir, TRUVADA)
- rilpivirine (Edurant), unless you are also taking rifabutin (Mycobutin)

COMPLERA is not for use in people who are less than 18 years old.

What are the possible side effects of COMPLERA?

COMPLERA may cause the following serious side effects:

- See "What is the most important information I should know about COMPLERA?"
- New or worse kidney problems, including kidney
 failure. Your healthcare provider should do blood and
 urine tests to check your kidneys before you start and
 while you are taking COMPLERA. If you have had kidney
 problems in the past or need to take another medicine
 that can cause kidney problems, your healthcare
 provider may need to do blood tests to check your
 kidneys during your treatment with COMPLERA.
- Depression or mood changes. Tell your healthcare provider right away if you have any of the following symptoms:
 - feeling sad or hopeless
 - feeling anxious or restless
 - have thoughts of hurting yourself (suicide) or have tried to hurt yourself
- . Change in liver enzymes. People with a history of

- hepatitis B or C virus infection or who have certain liver enzyme changes may have an increased risk of developing new or worsening liver problems during treatment with COMPLERA. Liver problems can also happen during treatment with COMPLERA in people without a history of liver disease. Your healthcare provider may need to do tests to check your liver enzymes before and during treatment with COMPLERA.
- Bone problems can happen in some people who take COMPLERA. Bone problems include bone pain, softening or thinning (which may lead to fractures).
 Your healthcare provider may need to do tests to check your bones.
- Changes in body fat can happen in people taking HIV-1 medicine. These changes may include increased amount of fat in the upper back and neck ("buffalo hump"), breast, and around the main part of your body (trunk). Loss of fat from the legs, arms and face may also happen. The cause and long term health effect of these conditions are not known.
- Changes in your immune system (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider if you start having any new symptoms after starting your HIV-1 medicine.

The most common side effects of COMPLERA include:

 Trouble sleeping (insomnia), abnormal dreams, headache, dizziness, diarrhea, nausea, rash, tiredness, depression

Additional common side effects include:

 Vomiting, stomach pain or discomfort, skin discoloration (small spots or freckles), pain

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

- These are not all the possible side effects of COMPLERA.
 For more information, ask your healthcare provider.
- Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What should I tell my healthcare provider before taking COMPLERA?

Tell your healthcare provider about all your medical conditions, including:

 If you have or had any kidney, mental health, bone, or liver problems, including hepatitis B or C infection.

- If you are pregnant or plan to become pregnant. It is not known if COMPLERA can harm your unborn child.
 - There is a pregnancy registry for women who take antiviral medicines during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk to your healthcare provider about how you can take part in this registry.
- If you are breastfeeding (nursing) or plan to breastfeed. Do not breastfeed if you take COMPLERA.
 - You should not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
 - Two of the medicines in COMPLERA can pass to your baby in your breast milk. It is not known if this could harm your baby.
 - Talk to your healthcare provider about the best way to feed your baby.

Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements:

- COMPLERA may affect the way other medicines work, and other medicines may affect how COMPLERA works.
- If you take certain medicines with COMPLERA, the amount of COMPLERA in your body may be too low and it may not work to help control your HIV-1 infection.
 The HIV-1 virus in your body may become resistant to COMPLERA or other HIV-1 medicines that are like it.
- Be sure to tell your healthcare provider if you take any of the following medicines:
 - Rifabutin (Mycobutin), a medicine to treat some bacterial infections. Talk to your healthcare provider about the right amount of rilpivirine (Edurant) you should take.
 - Antacid medicines that contain aluminum, magnesium hydroxide, or calcium carbonate.
 Take antacids at least 2 hours before or at least 4 hours after you take COMPLERA.
 - Certain medicines to block the acid in your stomach, including cimetidine (Tagamet), famotidine (Pepcid), nizatidine (Axid), or ranitidine hydrochloride (Zantac). Take the acid blocker at least 12 hours before or at least 4 hours after you take COMPLERA. Some acid blocking medicines should never be taken with COMPLERA (see "Who should not take COMPLERA?" for a list of these medicines).
 - Medicines that can affect how your kidneys work, including acyclovir (Zovirax), cidofovir (Vistide), ganciclovir (Cytovene IV, Vitrasert), valacyclovir (Valtrex), and valganciclovir (Valcyte).

- clarithromycin (Biaxin)
- erythromycin (E-Mycin, Eryc, Ery-Tab, PCE, Pediazole, Ilosone)
- fluconazole (Diflucan)
- itraconazole (Sporanox)
- ketoconazole (Nizoral)
- methadone (Dolophine)
- posaconazole (Noxafil)
- telithromycin (Ketek)
- voriconazole (Vfend)

Know the medicines you take. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine. Do not start any new medicines while you are taking COMPLERA without first talking with your healthcare provider.

How should I take COMPLERA?

- Stay under the care of your healthcare provider during treatment with COMPLERA.
- Take COMPLERA exactly as your healthcare provider tells you to take it.
- Always take COMPLERA with food. Taking COMPLERA
 with food is important to help get the right amount of
 medicine in your body. A protein drink is not a substitute
 for food. If your healthcare provider decides to stop
 COMPLERA and you are switched to new medicines
 to treat HIV-1 that includes rilpivirine tablets, the
 rilpivirine tablets should be taken only with a meal.

Keep COMPLERA and all medicines out of reach of children.

This Brief Summary summarizes the most important information about COMPLERA. If you would like more information, talk with your healthcare provider. You can also ask your healthcare provider or pharmacist for information about COMPLERA that is written for health professionals, or call 1-800-445-3235 or go to www.COMPLERA.com.

Issued: June 2014



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Zachary Moses: Man About Town



For writing this article I'm using several large glasses of Rex Goliath Pinot Noir to extract the memories. The wine is light, bright, and smooth. I love the label! It seriously has a picture of a fighting cock (rooster) on the front of the bottle! Definitely worth the 10 bucks. LOL!

One of my best friends in the world came to visit me this month. Her name is Deanna and she used to work in the office across the hall from me. The island has never been the same since she moved away. Every night Deanna was my companion for painting this town red. Deanna has always had a knack for pulling me away from my desk. She reminds me that a writer has nothing to write about if they don't get out and enjoy the world.

There is no better reason for living the vacationer's life Kev West. than having a best friend in town! It's our excuse to drop our duties and remember that we live in a little slice of heaven. While my life pretty is awesome already, I do get caught up in work and tend to forget occasionally clear a



day for absolutely nothing but fun. It's just what the soul needs every so often.

We began at the Moped Hospital (601 Truman Ave) and talked to the Sean the owner about getting Deanna a scooter. Sean has an open door policy and will talk about issues with any and all clients. It was just the sort of wonderful feeling that only a small Key West business can give. We were in and out in 15 minutes, and Deanna was off on her day's adventures.

We met up a few hours later to go parasailing. Deanna had never been parasailing, so I took her out with ParaWest (700 Front St). Our boat was captained and led by Richie and Larry, two quintessential Key West beach bums. Once they launched us into the air, I experienced a 15-minute showcase of huge blue sky, aqua marine water that they plunged us into, and pure, longed-for...SILENCE? That's right! It's crazy quiet up there. If you don't like silence, invite some rowdy friends who'll help pack in some booze before and during the journey!

We could see the entire island, and just how small this piece of paradise is. We looked down on Sunset Key and dreamed of having 15 million dollars one day to buy a beach front house.

We were starving when we got back! An hour on the water makes me famished, and I wanted meat in my belly! We went



to Charlie Macs (404 Southard) for BBQ meat central.

My goal was not to make Deanna homesick or to move her back to Key West, but I sure loved having my friend back. Even temporarily.

To read more of Zachary's gay travel adventures, or to join one of his international gay adventure tours visit online at heTravel.com



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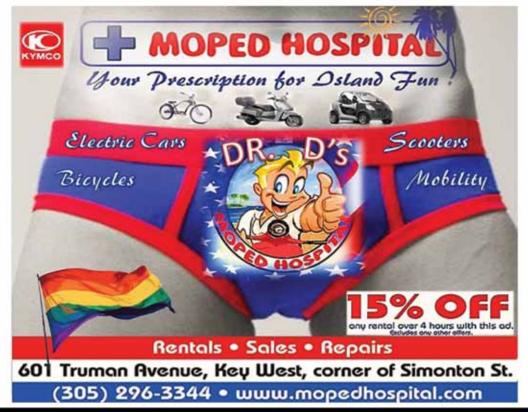
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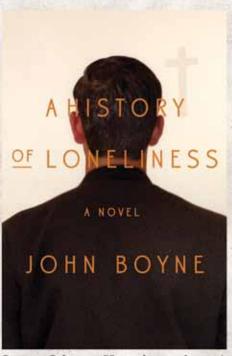




Beach Reads

LGBT Book Reviews
By:
Terri Schlichenmeyer

"A History of Loneliness" by John Boyne c.2015, Farrar, Straus and Giroux \$26.00 352 pages



Throughout your life, the faith you've held has sustained you.

In times of fear, you've prayed for courage. On troubled days, you've asked for favors. You've thrown gratitude heavenward, and you've demanded condemnation from the Higher Power you know. Some prayers are answered, some are not.

But what if your religion failed you or, as in the new book "A History of Loneliness" by John Boyne, if it quietly eased away?

Once Odran Yates' mother informed him that he had "a vocation," Odran never questioned that he would someday be a priest.

She told him that, shortly after their family of five became three in a tragedy they rarely discussed. She said it after she'd become devout and made Odran and his sister, Hannah, attend Mass every Sunday – and her proclamation made sense to him. So, as a sixteen-year-old, Odran went to Clonliffe College seminary in his native Ireland, where he roomed with Tom Cardle, the boy he considered his best friend.

While Odran was certain that he was perfectly suited to be a priest, Tom was another matter. Once, while in seminary, Tom tried to leave but his father brought him back, black and blue, and left him. Odran had wondered if that was why Tom was prone to fits of strangeness.

He'd lost contact with Tom years ago, but Odran had heard rumors that his friend was moved a lot, parish to parish. That seemed odd, and it'd been upsetting that Archbishop Cordington wanted Odran to leave his beloved position as librarian at a boys' college to take over in Tom's latest move. The Ārchbishop promised that it would be a short-term change, but weeks would become years.

With his sister ailing, his nephews estranged, and the job he loved lost, Odran hated being a mere parish priest, and he "didn't know what to think."

"But there's the lie," he said. "... I did know what to think. Only I could not bring myself to think it."

Respectfully outraged, timely, scandalous, and loaded with more than a little controversy, "A History of Loneliness" shimmers like a multifaceted diamond. Indeed, I barely know where to start – perhaps with the character of Odran....

Odran is a simple man, a clueless go-along-to-get-along kind of guy who likes to think of himself as responsible and intuitive. He's a likeable lad but not really friendship material; he's predictable, gossipy, and staid except on the occasions when he doubts his faith and his vows. That's when he surprises himself, as well as us but author John Boyne doesn't stop there: in a setting of modern-day Ireland and Rome, Boyne populates this tale with close-lipped, complicated people; gives it dialogue rich with Irish brogue; and hands his readers plenty of exceptional back-plots.

That adds up to a stunner of a novel that feels like reading a movie, one that needs to jump to the top of your To-Read list today. But first – clear your calendar. Once you start "A History of Loneliness," you don't have a prayer.



We bet you will love living in Key West as much as we do.

Dean & Keith

The Townsend Team

Dean Townsend and Keith Miller, Realtors*

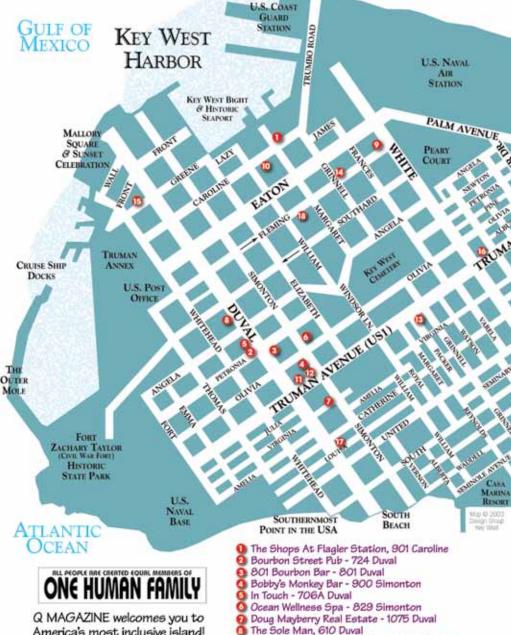
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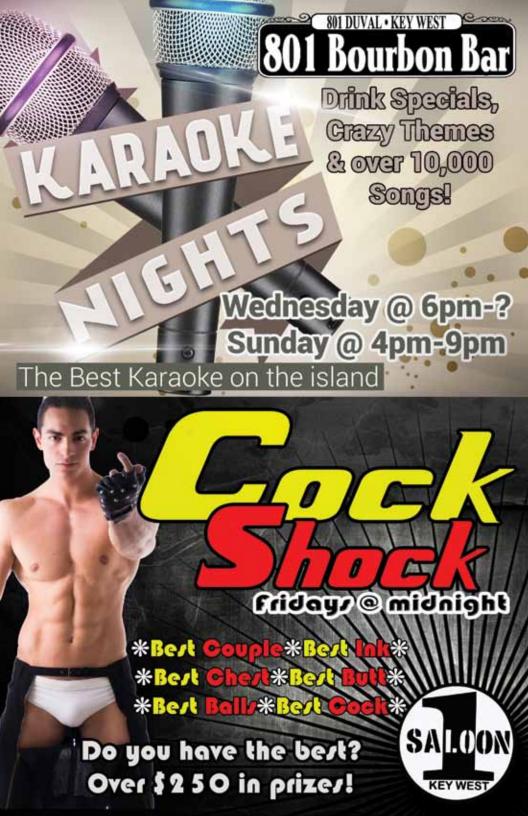
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WEEKLY EVENTS



MONDAY

Drag Shows at 9 PM and 11 PM

Bobby's Karaoke starting at 9:30 PM

Bourbon Dancers on the bar starting at 10 PM

Drag Shows at 9 PM and 11 PM

Bourbon Dancers on the bar starting at 10 PM



801-801 Duval St.



Bobby's-900 Simonton St.



Bourbon- 724 Duval St.

WEDNESDAY

801

Karaoke starting at 6 PM
Drag Shows at 9 PM and 11 PM

Bourbon

Jessica Grabbit singing live at 8 PM Dancers on the bar starting at 10 PM

Island House

Hot Naked Humpdays starting at 5 PM

THURSDAY

801

Karaoke starting at 5 PM
Drag Shows at 9 PM and 11 PM

Bobby's

Karaoke starting at 9:30 PM

Bourbon

Jessica Grabbit singing live at 8 PM Dancers on the bar starting at 10 PM

FRIDAY

801

Drag Shows at 5 PM, 9 PM and 11 PM

Bobby's

Karaoke starting at 9:30 PM

Bourbon

Jessica Grabbit singing live at 8 PM Dancers on the bar starting at 10 PM

One Saloon

Cock Shock contest starting at Midnight

SATURDAY

801

Drag Shows at 5PM, 9 PM and 11-PM

Bourbon

Pool Party starting at 12 PM
Dancers on the bar starting at 10 PM
Jessica Grabbit singing live at 8 PM

SUNDAY

801

Karaoke starting at 5 PM Gay Bingo starting at 5 PM Drag Shows at 9 PM and 11 PM

Bobby's

Karaoke starting at 9:30 PM

Bourbon

Jessica Grabbit singing live at 7 PM Dancers on the bar starting at 10 PM

Island House

Pre-Tea Pool Party starting at Noon

La Te Da

Tea Dance starting at 4 PM





Island House- 1129 Fleming



La Te Da- 1125 Duval St.



One Saloon- 514 Petronia St.









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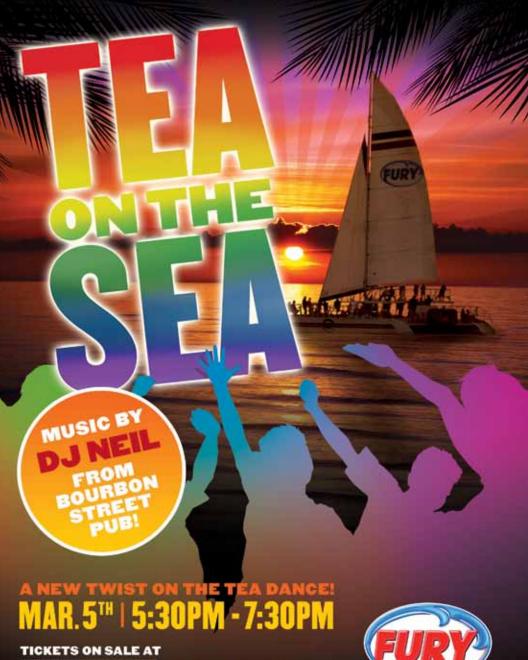
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Q Slang

Sidedick - The male version of a mistress

My boyfriend isn't putting out so I need to find some sidedick.

Turdulence - Holding in your farts on a flight.

As soon as this plane lands I need to find a bathroom to let out this turdulence.

Drinkspiration - The use of alcohol to find inspiration.

I can't get this project done without some drinkspiration.

Dropping faces - To pay cash (a reference to the faces on the bills)

I went clothes shopping and I was dropping faces all over town.

Fuckit list - A list of things you want to do while alive that you realize you will never do.

Well, I'm adding skydiving to my fuckit list.

Twenty Four Hour Ice - When your partner is so mad at you, he won't talk to you for 24 hours.

I'm on a twenty four hour ice for texting my ex last night.



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Dear Nana,

My roommate sings. All the time. She sings in the shower, she sings while she's cooking dinner, she sings while we're watching TV, she just sings all the time. She's not a professional singer or anything like that. And, although she doesn't have a "bad" voice... she doesn't have a good one either. When I mentioned that she sings a lot she told me that it's just her way of expressing herself and that she's always done it. If she's always done it, is it wrong for me to want her to stop?

I'm sure I'll get some flak from the people out there who love to sing in the shower and in their car... but this is horse pucky! I can give her singing in the shower, her bedroom or when she's on the john: those are private moments. But singing while you're both watching TV ... when the show isn't "Glee" ... is just retarded. And that is not a dig at retarded people. Retarded people have every right to sing at odd and inopportune times... because they ARE retarded. So, unless your roommate is Susan Boyle (who, let's face it, is retarded)... she needs to pipe down and save it for the shower!



Dear Nana,

My boyfriend gives me shit all the time that I work too much. Although he has a job, it's not one that he really cares about or feels any connection to. It's just a job. I really love what I do and it is a big part of who I am. It isn't that we don't spend time together, or that I work 80 hours a week, it's just I think he hates that I love my job AND I love him. I think he would rather I just love him first and foremost. I do love him, but it's not like I'm going to quit my job to prove that! What should I do?

It sounds like you already know, my dear. Listen, if in the end, he doesn't want to be with someone who has a "Career" (as opposed to a "job") then there isn't much that can be done about that. In the end, people tend to have one or the other. People with Careers tend to love their careers... and then tend not to shut the fuck up about them. People with jobs, could care less about their jobs or your career. It's one of those things you can't really get around. You even said that you'd never give up your job



for him... doesn't that kind of tell you where you two are at this point in the game? If not, let me make it clearer... YOU'RE PROBABLY NOT RIGHT FOR EACH OTHER EVEN IF THE DICK IS AMAZING!! Sorry to piss on your balloon... but them's the breaks, sugar cakes!

Do you have problems? Of course you do!!
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Jan 20 – Feb 18

Everyone likes to look younger but you need to do something about the acne.

Pisces Feb 19 – Mar 20

Pat Benatar called and she asked that you stop wearing her hair cut from the 80s.

Aries Mar 21 – Apr 19

As you get ready to celebrate your birthday, remember, no one likes you.

Taurus Apr 20 – May 20

Do you even own a mirror? Why would someone go out in public looking like that?

Gemini May 21 – Jun 20

People like to look like someone famous. Maybe you should shower and look a little less like Pigpen from Peanuts.

Cancer Jun 21 – Jul 22

Some people walk into a room and people gasp from the beauty. Some people walk into a room and people gasp in horror. I'll let you decide which you are.

Leo Jul 23 – Aug 22

You are such a slut that you're like the Key West crud. Everyone in town has had you!

Virgo Aug 23 – Sep 22

Maybe if you loose some weight you may eventually see your penis again. No one else wants to see it!

Libra Sep 23 – Oct 22

You do love your Karaoke and it actually inspires people. No one else sings Killing Me Softly so that people actually want to.

Scorpio Oct 23 – Nov 21

When choosing your drug of choice, you should pick something that makes you feel good. Or better yet, take a sleeping pill and make us all feel good.

Sagittarius Nov 22 – Dec 21

If you had a nickel for every time someone called you handsome, you'd be broke.

Capricorn Dec 22 – Jan 19

According to your Facebook posts, your life goes from amazing to total shit in under 10 seconds. Either you need to go on some better mood stabilizers of you need to quit Facebook!. Either way, we all win.

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